



To make the most of your DeepRF treatment and promote healing, the following post-care steps are recommended. Always talk to your provider about any questions and concerns that arise.

### APPLY FIRMING BODY LOTION

Gently massage the treated area with the Firming Body Lotion. Use the lotion twice a day in between treatment sessions. At the conclusion of your sessions, use the Firming Body Lotion until any micro-scabs have resolved.

### DO NOT DISTURB

It is common for micro-scabs to form at the treatment site. These are a part of the healing process and should be left to disappear on their own.

### ADJUSTMENTS TO YOUR DAILY ROUTINE

- Use a gentle cleanser and cool water to keep the skin clean
- Avoid sun-exposure and always use SPF
- Avoid strenuous exercise for 1-3 days
- Ask your provider when to resume your skincare regimen and any products to avoid



# VIRTUE<sup>RF</sup>

What to expect after your treatment.

## MICROCURRENT DUAL MASK



Only the VirtueRF pairs every treatment with the most innovative sheet mask technology available – the Microcurrent Dual Face Mask system.

This two mask system soothes skin and eliminates redness. First a wet Enriching Mask infused with antioxidants, vitamins, moisturizing and anti-inflammatory properties is applied to the skin. To activate the Enriching Mask, overlay a second dry Empowering Mask that uses patented Tissue X™ technology to deliver ingredients deeper into the skin with an ion induced current.



## CLEANSING



Cold water may be used for the 1st day post treatment. After day 1, it is important to maintain clean skin. Be sure to use a simple and gentle cleanser. Do not use excessive pressure when washing. Talk to your provider about the products they recommend for you.

## SUN EXPOSURE / SPF + MAKE-UP



Avoid direct sun exposure for at least **3 days**. Should you be outdoors, you can apply a SPF starting **24 hours** post treatment. In addition, you may apply makeup **24 hours** post treatment – just make sure to cleanse accordingly.



## EXERCISE



Avoid exercise and increasing your heart rate for **1 - 3 days** post treatment, and per your clinician's direction.

## SKINCARE REGIMEN



To ensure optimal results from your treatment, your provider will consult with you on best skincare products and practices post treatment.



## THE VIRTUE<sup>RF</sup> DIFFERENCE

The VirtueRF is designed to minimize social downtime. The skin may appear red for a few hours but the exclusive post-care regimen works to soothe the skin so most will only notice a post-treatment glow.

You may experience the following post-treatment which is normal

- Minimal Pinpoint Bleeding
- Mild redness
- Minimal swelling
- Mild discomfort
- Tingling sensation from anesthetic cream
- Warmth and heat from RF energy
- Sensation of a sunburn

## SCHEDULE

Your next VirtueRF treatment can be scheduled in 4-6 weeks. The recommendation is four sessions and then a maintenance treatment every six months. Your provider can discuss a custom plan to meet your treatment goals.

## PHOTOS + REVIEWS + REFERRALS

Share your after photos and/or a testimonial with your provider. Ask about where you might leave a review and what rewards are in place for providing a referral.

Lastly, share your experience with your social community! Don't forget to use #virtuerf on any social posts.